

# Events



## Intergroup Meeting

Where: Florida Flagler Hospital  
When: First Monday of Each month @6:30pm

## District 22 Meeting

Where: Florida Flagler Hospital  
When: Last Monday of each month @6:30pm

### 2019 Gratitude Dinner

November 16th  
St Thomas Church  
5400 Belle Terre Parkway  
Palm Coast  
Doors open at 5:30 Tickets are \$7  
50/50 & Door Prizes

Woman's Acceptance Group  
Celebrates Our 12th Anniversary  
With a 60's Party Theme



Saturday October 12th 2019  
Time: 1-3pm  
United Methodist Church  
1529 South Daytona Ave  
Flagler Beach

Please wear your BRIGHTEST Cloths.

FYI—The Weds 6:30pm Med-itation meeting at St. Thomas is no longer meeting.

## Flagler County Intergroup Invites You to a Halloween Costume Dance Party!

Saturday, October 26th, 4-8pm  
Haw Creek Community Center  
9257 County Road 304  
Bunnell FL 32110



**\$5 Tickets**  
Includes Hamburgers  
Hotdogs and Beverages

Please bring a covered Dish  
50/50 Drawing  
Costume Competition

Sponsored by the 24 Hour Group

Hi Ladies!! Need to do service?

Project warm now has AA meetings Mondays and Wednesdays at 6:30pm. Right now we are partnering with Volusia County and splitting the chair responsibility.

Volusia AA has Mondays and the first Wednesdays of each month. Flagler AA has all the other Wednesdays at 6:30pm.

If you are able to attend, sponsor, speak or chair please contact Eileen at 386-627-9570.

Also if you have any recovery books to donate please call Eileen and she would be glad to pick them up.

Check out the Meeting Guide App for your Smart Phone. Always find a meeting wherever you are!



Meeting Guide

Lifestyle

★★★★☆ 159

OPEN

## CONTACT

PromisesFlagler@gmail.com  
Helpline - 386-445-HELP  
(4357)

## SUPPORT

District 22  
PO BOX 351814  
Palm Coast FL 32135

## WRITE US

Flagler Intergroup  
PO BOX 352470  
Palm Coast FL 32135

# PROMISES

Flagler County Intergroup

aaflagler.org

October, November December 2019

## Anonymity and the Social Networks

An AA discovers a way in which her anonymity is threatened by an online social group

I am a 50-something-year-old woman who has been sober for over a couple of decades by God's grace and the Fellowship I have found in the Program. I am also a pretty technically-savvy person who has a professional background in technology. I work in a very public arena and although I am open to and always looking for opportunities to live this Program in that arena, I do not believe that anonymity, in the true sense of the word, allows me to publicly advertise the miracle that has been my recovery.



I believe I am only a drink away from my old life and that keeps me attending meetings.

We are blessed in our small town to have a great mixture of all the elements that make up a loving and kind recovery community for the most part and I feel like I need to pass on the things I was taught yet be open to change if I am to continue the legacy of which I am blessed to be a part.

About two years ago I lost my job and I have worked hard to try to turn my part-time employment into a career that may lead me to retirement. I know God has a plan and I try to be open to his leading. Financial insecurity has been an obstacle at times but I believe I am blessed and I know who has the reins. I love my Higher Power in ways that make my life full and I trust him to provide.

Because I am such a nerd, I naturally have a connected life. I have many email accounts, I text with my family and friends, and use the most popular social networking site. I love the faith-filled communication that I share with my friends and family online and since I don't have tons of cash for gasoline, I use this media when I can't visit in person. I also belong to but do not visit very often a social networking site that is based in the recovery community. I use a sign-in name in that community that does not take anything away from my anonymity.

Anonymity to me is the key to this program. If letting someone know I am an alcoholic will be of service to them and is the will of my HP, I am eager to comply. However, beyond that, I must remain anonymous. I was relieved of the compulsion to drink in my first meeting by God's grace, but I am not above drinking, though I pray every morning for that daily reprieve. I am also no better or worse than any of us that have been chosen to receive this miracle. I believe anonymity gives me the right to be wrong, the right to make mistakes, and the right to excel in my life without it reflecting on the program. I am often all of these things for I "am not cured of alcoholism."

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## Editors Note

Hi, My name is Barbara Z. I am the editor of the Promises Newsletter.

This newsletter will be published four times a year. January, April, July and October.

If I do not have any input from local groups, I will add stories from the Grapevine focusing on the Steps, Traditions and Promises. I will also include any upcoming events.

Please submit all AA related content to:  
PromisesFlagler@gmail.com.  
Deadline for all submissions for the January 2020 issue is December 15 2019.

I am responsible... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that I am responsible

Helpline: 386-445-4357

Literature and Coins

Contact Michelle  
TEXT ONLY  
352-283-9434

Recently, I went on the mainstream social networking site on which I use my full name and was taken aback to find that I had been enrolled in a group that was based on recovery. It made reference to the fact that I was a member of a recovering community, and when I checked out the settings on the group there were no blocks or other protections in place to stop everyone from knowing I was a member of the Fellowship. I was pretty upset about it and I have been doing a lot of soul-searching since it happened.

Many of the people whom I contact through this medium are aware that I consider my recovery to be one of the most wonderful gifts of my life; and, if it were only them that could access my information, this would have been a non-issue. But everyone can find your profile on this site and as I have struggled for these past couple of years to find work, I don't want to have my anonymity broken and possibly lose a job opportunity. I am honest professionally about my recovery but my pathway on that road has always been up to my Higher Power, and I feel like I would like to keep it that way.

I am sure the over-zealous member meant no harm. I think we are all so close and we love each other so much that we sometimes forget that "anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities." But I felt the need to sort this out for myself and I hope we can find a way to adhere to this principle regardless of how easy it becomes for us to stay in touch. — *Caralyn E., Hillsboro, Ohio*

*It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe. We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition. Every day is a day when we must carry the vision of God's will into all of our activities. "How can I best serve Thee—Thy will (not mine) be done." These are the thoughts which must go with us constantly. Big Book- Pg 85*

Step 12 ~ "Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."  
Joy of living is the theme of the twelfth step. Action it's keyword. Giving that asks no reward. Rewards of helping other alcoholics.  
If you would like to participate in 12th step service, Flagler County Intergroup can use help with the Helpline. The AA Helpline needs volunteers in the following areas:

- ◆ Groups willing to take the Helpline commitment for a period of time.
- ◆ Need a list of volunteers from each group (men & women) willing to pick up and drive newcomers to meetings.
- ◆ Need a list of volunteers (men & women) from each group willing to call and speak with newcomers calling the helpline.
- ◆ It is suggested that volunteer Twelfth Step contacts should state the days and hours when they will be available for calls.
- ◆ Spanish speaking people willing to speak with newcomers calling the helpline.

There is a cell phone that goes along with the book, also there is a format with instructions within the book on how to talk with people calling the helpline. Richie who is the Helpline chairperson, has the book and phone. He will give instruction and answer any questions about answering the phones.

You can reach Richie by calling 781-799-9669.  
Keeping with the spirit of rotation, we are asking for local groups to participate in this very rewarding 12th step commitment.

On Awakening we pray:  
God, I ask that you direct my thinking, I especially ask that my thinking be divorced from self-pity, dishonesty or self-seeking motives. Think about the 24hrs ahead, Consider your plans for the day...

If you are faced with indecision, pray:  
I ask You for inspiration, an intuitive thought or decision.

My creator, I ask that you show me the way of patience, Tolerance, kindness and love (BB -pg 83)

**Anniversaries include Celebrants for the months of October, November and December of 2019**

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| <p><b>October</b></p> <p><b>24 Hour Group</b><br/>Laureen M-16yrs</p> <p><b>Another Open Door</b><br/>Laureen S-16yrs</p> <p><b>Footprints in The Sand</b><br/>Paul E-32yrs</p> <p><b>JumpStart</b><br/>Judy M-1yr<br/>Jeff C-1yr<br/>Bill R-4yrs<br/>Barbara M-13yrs<br/>Barbara Z-29yrs<br/>Lee M-37yrs</p> <p><b>K.I.S.S</b><br/>Lisa G-1yr<br/>Rebecca T-2yrs<br/>Lorrie C-4yrs</p> <p><b>Life's a Beach</b><br/>Austin-2yrs<br/>Cody-2yrs<br/>TJ-2yrs<br/>Steve C-35yrs</p> <p><b>Living Sober</b><br/>Bill W-33yrs</p> <p><b>Lucky To Be Here</b><br/>Kate S-7yrs</p> <p><b>Nomad Group</b><br/>Nicholas S-8yrs<br/>Al H-25yrs<br/>Lee M-37yrs</p> <p><b>TGIF</b><br/>Austyn B-2yrs<br/>Ed H-4yrs<br/>Marianne P-5yrs<br/>Beverly C-32yrs<br/>Evelyn S-32<br/>Beverly J-47</p> <p><b>The Fellowship We Crave</b><br/>Judy M-1yr</p> <p><b>Woman's Acceptance</b><br/>Lorrie C-4yrs<br/>Maureen S-6yrs<br/>Jodie vG-28yrs<br/>Nancy G-32yrs<br/>Beverly J-47yrs</p> <p><b>Women to Women</b><br/>Sandra W-1yr<br/>Beverly C-32yrs</p> | <p><b>November</b></p> <p><b>Came To Believe</b><br/>Debra M-4yrs<br/>Michael P-4yrs<br/>Jim D-39yrs</p> <p><b>Footprints in The Sand</b><br/>Russell F-23yrs<br/>Jewelaa M-21yrs</p> <p><b>JumpStart</b><br/>Fred M-12yrs<br/>Greg W-16yrs</p> <p><b>Life's a Beach</b><br/>Eric p-3yrs<br/>Alyssa-15yrs<br/>Chet-31yrs</p> <p><b>Living Sober</b><br/>Suzanne G-31yrs</p> <p><b>Lucky To Be Here</b><br/>Bob H-17yrs<br/>Jack W-22yrs<br/>Tom-T-33yrs</p> <p><b>Message Group</b><br/>Mike J-20yrs<br/>Robert D 36yrs</p> <p><b>New Beginning</b><br/>George L-30yrs</p> <p><b>Nomad Group</b><br/>Dave R-21yrs</p> <p><b>Steps to Serenity</b><br/>Mardel A-12yrs<br/>Buzzy -13yrs</p> <p><b>TGIF</b><br/>Omar P-1yr</p> <p><b>The Fellowship We Crave</b><br/>Pat C-6yrs</p> <p><b>Woman's Acceptance</b><br/>Yvonne G-4yrs</p> <p><b>Women to Women</b><br/>Debra M-4yrs<br/>Suzanne G-21yrs<br/>Brenda W-34yrs</p> | <p><b>December</b></p> <p><b>Another Open Door</b><br/>Merrill S-14yrs<br/>Paul-38yrs<br/>Bill-39yrs</p> <p><b>JumpStart</b><br/>Bill D-3yrs<br/>Annie L-3yrs<br/>Elaine R-10yrs<br/>Jerry T-14yrs</p> <p><b>Life's a Beach</b><br/>Jenna T-1yr<br/>Derek S-4yrs<br/>Glen C-10yrs<br/>Jason C-14yrs</p> <p><b>Living Sober</b><br/>Arnold P.-34yrs<br/>Oakie O.-40yrs</p> <p><b>Lucky To Be Here</b><br/>Scott C-2yrs<br/>Dennis M-22yrs</p> <p><b>New Beginning</b><br/>Eileen S-7yrs<br/>Ellen O-11yrs</p> <p><b>Nomad Group</b><br/>Jerry K-28yrs<br/>Josh H-29yrs</p> <p><b>The Fellowship We Crave</b><br/>Eileen O-11yrs</p> <p><b>Woman's Acceptance</b><br/>Casey M-1yr<br/>Annie L-3yrs<br/>CheryllT-30yrs<br/>Debra F-34yrs</p> |
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*Fear of people and of economic insecurity will leave us.*

*We will intuitively know how to handle situations which used to baffle us.*

*We will suddenly realize that God is doing for us what we could not do for ourselves.*