

THE PROMISES



A PUBLICATION OF THE FLAGLER COUNTY INTERGROUP OF ALCOHOLICS ANONYMOUS
DISTRICT 22 OF THE NORTH FLORIDA CONFERENCE AREA 14

October/November/December 2025

WEBSITE: [HTTPS://aaflagler.org](https://aaflagler.org)

Please check the “EVENTS” section for last minute updates for event locations/times!

FLAGLER AA HELPLINE: 386-445-HELP (4537)

Para obtener información, comuníquese con la línea directa al

386-445-4537pide el número de Eddie

EMAIL: ThePromises@aaflagler.org

ANNOUNCEMENTS & INFORMATION

Flagler County Intergroup District 22 meets the first Sunday of each month
5:00 p.m. Silver Dollar 2 Club at 2729 E Moody Blvd Ste 707, Bunnell
Please email Glenn at: Chair@aaflagler.org for volunteer information!

GSR District 22 Meetings meets the last Monday of each month at 6:30 p.m. at the
Methodist Church, 1520 S Daytona Ave, Flagler Beach, FL 32136 Thank you for your service,
Emily! Welcome the new chair of CP/CPI!

- **Are you willing to make a 12-Step Call? Contact the Help Line! 386-445-HELP**
- **PROJECT WARM** Speakers needed, male and female, for 2nd and last Friday night of the month from 6:30 – 7:30 Please text or call Eileen C. at 386-627-9570.
- **INTERGROUP REPS WANTED!** Ask about openings in your home group or email Glenn at: Chair@aaflagler.org
- **Dennis is looking for men to speak at the Tomoka Prison Mondays 1-3 pm main campus and Wednesday nights 6:30 – 7:30.**
- **Dave P. is looking for men to take meetings into the Flagler County Jail, Mondays at 7:30 p.m.**

Upcoming Events

--ASK YOUR INTERGROUP OR GSR REP FOR DETAILS

- ❖ **HALLOWEEN PARTY** hosted by Rule 62 at Malacompra Rd. in the Hammock, Sunday 10/26/25 4 p.m. to 7 p.m. tickets \$10, kids under 15 FREE!
- ❖ **GRATITUDE DINNER** hosted by Jump Start at the Italian American Club, Saturday, 11/15/25 from 5 p.m. to 9 p.m. Business Casual, \$25 Tickets! 50/50! You could be the lucky winner of Beautiful Basket (donations by Jump Start, New Beginnings, Life's a Beach, Round Table, Message Group, Free as a Bird, Lucky to be Here)! Speaker! Italian dinner and dessert! Music!
- ❖ **NEW YEARS EVE CELEBRATION** hosted by Round Table at the Flagler Methodist Church, December 31, 2025 tickets \$15 from 9 p.m. to 1 a.m., raffle give-a-way, fireworks

Online Grapevine www.AAgrapevine.org podcast <https://www.aagrapevine.org/podcast>



R U L E # 6 2



“Don’t take yourself too damn seriously.”

Why’d the AA guy bring a broom? To sweep the steps.

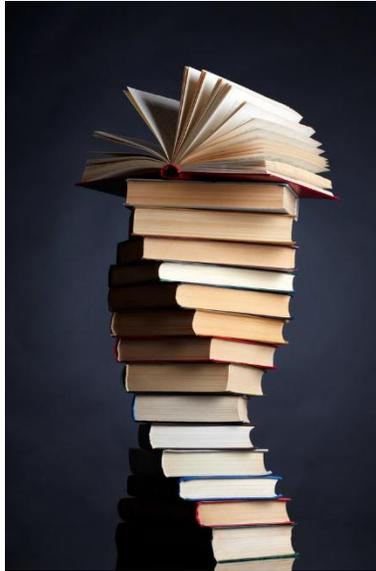
My sponsor said, “Laugh—it’s sober fuel.”

AA’s like a comedy club, but with better stories.

SHARE CORNER

Share a thought, a story, an encouragement, a joke, to be printed in the next issue of “The Promises” (January, February, March) theaapromisesflagler@gmail.com

***District is looking for a group to host a quarterly workshop** focusing on educating the membership on “What does Area do, anyway?” The 12 Service Positions include *Accessibilities, Archives, Cooperation with the Professional Community, Corrections, Grapevine, Intergroup, Literature, Public Information, Technology, Treatment Facilities, Parliamentarian, Archivist.* **Thanks, Christy, for some fun ideas on how to increase involvement in District!** If Area Chairs are invited, travel expenses would be covered and would not come out of the group’s \$350 District contribution.



Read any Sobriety-enhancing Books Lately?

The Language of the Heart includes articles Bill W. wrote for the Grapevine from 1944 to 1970. Came to Believe contains stories of spiritual journeys written by AA members. Both books are available from our stock. To purchase, please contact Literature Rep. Carol W.

The Big Book of Alcoholics Anonymous

The Language of the Heart

12 Steps and 12 Traditions

The Grapevine

Alcoholics Anonymous Comes of Age

Experience, Strength and Hope

Pass it On

Daily Reflections

Living Sober

As Bill Sees It

Came to Believe

AA Comes of Age

The AA Service Manual and the 12 Concepts for World Service

Dr. Bob and the Good Timers



Happy Birthday and Congratulations!

Get your anniversaries in! theaapromisesflagler@gmail.com

Yea! Beverly! 10/14/1972...53 YEARS!

Came to Believe

Tom P. 12/28/1993

DTS/Kryptonite

Ray G 10-03-83

Larry D. 10/08/2016

James M. 11/27/2023

Shane V. 12/7/2017

Footprints in the Sand

Daniel F. 11/2010

Jewella 11/1988

Free as a Bird

Evelyn S. 10/06/1987

Tammy L. 10/22/2015

Trina S. 11/24/2017

David 11/24/2022

Lee M. 10/31/1982

Lisa G. 10/26/2022

Laurie S. 10/31/2020

Jaymee M. 11/13/1994

Jump Start

Barbara K. 10/01/1984

Bill R. 10/07/2015

John E. 10/16/1995

Lee M. 10/31/1982

Lisa C. 10/03/2023

Jump Start cont'd

Ethan W. 10/28/2024

Kate S. 10/29/2012

Kate A. 11/12/2024

Agnes O. 11/07/2019

Fred M. 11/07/2007

Gregg W. 11/22/2003

Jeff G. 11/20/2017

Richard R. 11/24/2022

Bob T. 11/25/2023

Robert S. 12/04/2024

Bill D. 12/05/2016

Deb R. 12/10/2021

Tree C. 12/15/2023

Debbie B. 12/25/2015

Elaine R. 12/26/2009

Tom M. 12/28/2010

Life's a Beach

Mark 10/11/2022

David C 11/24/2022

Nick W. 12/16/2024

Lucky To Be Here

Dave S. 10/01/2022

Lorrie C. 10/7/2015

Lee B. 10/15/1984

Kate S. 10/29/2012

Lucky to be Here cont'd

Bob R 11/11/2003

Kate M. 12/13/2020

Message Group

Candace 11/19/2013

New Beginning

Eileen S. 12/27/2012

Nomad Group

Craig R. 10/02/1997

John Evans 10/16/1995

Art T. 11/10/1989

Bob T. 11/14/2019

Jerry K. 12/12/1991

Josh H. 12/11/1990

Thomas P. 12/28/1993

Women's Keep it Simple

Evelyn 10/06/1987

Beverly J. 10/14/1972

Nancy G. 10/27/1987

Maura M. 11/20/1997

Megan S. 11/27/2022

Cheryl T. 12/28/1989