

# THE PROMISES



A PUBLICATION OF THE FLAGLER COUNTY INTERGROUP OF ALCOHOLICS ANONYMOUS  
DISTRICT 22 OF THE NORTH FLORIDA CONFERENCE AREA 14

**July/August/September 2025**

WEBSITE: [HTTPS://aaflagler.org](https://aaflagler.org)

Please check the "EVENTS" section for last minute updates for event locations/times!

FLAGLER AA HELPLINE: 386-445-HELP (4537)

EMAIL: [ThePromises@aaflagler.org](mailto:ThePromises@aaflagler.org)

## **ANNOUNCEMENTS & INFORMATION**

**Flagler County Intergroup District 22** meets the first Sunday of each month  
5:00 p.m. Silver Dollar 2 Club at 2729 E Moody Blvd Ste 707, Bunnell  
Please email Glenn at: [Chair@aaflagler.org](mailto:Chair@aaflagler.org) for volunteer information!

- ❖ Intergroup Secretary Position has been filled by Pam. Thank you, Pam!
- ❖ Intergroup Treasurer Position has been filled by Steve. Thanks, Steve!

**GSR District 22 Meetings** meets the last Monday of each month at 6:30 p.m. at the  
Methodist Church, 1520 S Daytona Ave, Flagler Beach, FL 32136

- **Are you willing to make a 12-Step Call? Contact the Help Line! 386-445-HELP**
- **PROJECT WARM** Speakers needed for 2<sup>nd</sup> and last Friday night of the month from  
6:30 – 7:30 Please text or call Eileen C. at 386-627-9570.
- **INTERGROUP REPS WANTED!** Ask about openings in your home group or  
email Glenn at: [Chair@aaflagler.org](mailto:Chair@aaflagler.org)
- **Dennis is looking for men to speak at the Tomoka Prison Mondays 1-3 pm main  
campus and Wednesday nights 6:30 – 7:30.**
- **Dave P. is looking for men to take meetings into the Flagler County Jail, Mondays  
at 7:30 p.m.**

## Literature Corner

*The Language of the Heart* includes articles Bill W. wrote for the Grapevine from 1944 to 1970. *Came to Believe* contains stories of spiritual journeys written by AA members. Both books are available from our stock. To purchase, please contact Literature Rep. Carol W.

## Upcoming Events --ASK YOUR INTERGROUP OR GSR REP FOR DETAILS

- ❖ HALLOWEEN PARTY will be hosted by Rule 62 at Malacompra Rd. in the Hammock.
- ❖ GRATITUDE DINNER will be hosted by Jump Start at the Italian American Club.
- ❖ NEW YEARS EVE will be hosted by Round Table at the Flagler Methodist Church.
- ❖ 3<sup>rd</sup> Quarter Workshop hosted by Free as a Bird

**Accessibilities Chair – Eddie text/call 386-206-6196** For members experiencing a barrier to accessing the A.A. message of experience, strength and hope.

Online Grapevine [www.AAgrapevine.org](http://www.AAgrapevine.org) podcast <https://www.aagrapevine.org/podcast>



### **RULE # 62**



***“Don’t take yourself too damn seriously.”***

A man with severe drink-related health problems consulted his doctor. The doctor asked, *“Have you ever thought about Alcoholics Anonymous?”* The patient replied, *“I’ve thought about it, but I prefer to drink with people I know.”*

***An Irishman walks into an A.A. meeting...Just kidding!***

What do a law student, and a recovering alcoholic have in common? ...  
They both have to pass the bar!

***Alcoholics don’t run in my family...But sometimes they fall down the stairs.***

Cleaning with alcohol doesn’t work...NOTHING gets done after that first bottle.

***Alcohol doesn’t make you fat. It makes you lean... Against tables, chairs, floors and ugly people.***

***Doctor: “I can’t find out what your problem is. It could be due to excess alcohol consumption.”***

***Me: “It’s okay. I can come back when you’re sober.”***

## **SHARE CORNER**

Share a thought, a story, an encouragement, a joke, to be printed in the next issue of  
“The Promises” (October, November, December) [theaapromisesflagler@gmail.com](mailto:theaapromisesflagler@gmail.com)

### **How Many Words Can You Make Out Of ??? “ALCOHOLICS ANONYMOUS” ???**

Submit your answers to [theaapromisesflagler@gmail.com](mailto:theaapromisesflagler@gmail.com)

**AND the 1<sup>st</sup> person who finds the most earns a prize!**

*TEN Alcoholics all in a line – one got to thinking,  
Then there were NINE.*

*NINE alcoholics and one of them said, “Wait, a near beer can’t hurt.”  
Then there were EIGHT.*

*EIGHT alcoholics looking up to heaven. One cut out meetings,  
Then there were SEVEN.*

*SEVEN alcoholics doing service for kicks. One started grumbling,  
Then there were SIX.*

*SIX alcoholics glad to be alive. But one smoked pot.  
Then there were FIVE.*

*FIVE alcoholics, greeters at the door. One played ‘Big Shot’,  
Then there were FOUR.*

*FOUR alcoholics, happy, joyous, free. But one’s case was different...  
Then there were THREE.*

*THREE alcoholics, knowing what to do. One started lying.  
Then there were TWO.*

*TWO alcoholics, having some fun. One rewrote the Big Book.  
Then there was ONE.*

**ONE alcoholic talking to HP, “If only one is sober, I’m glad that it’s ME!”**

Author Unknown

Email celebrants for July, August, September: [Theaapromisesflagler@gmail.com](mailto:Theaapromisesflagler@gmail.com) by 9/15/2025



## Happy Birthday and Congratulations !

*Bill of the Message Group for 49 years! Hayley, Fred, Rick, Katie P., Brigid, John and Scott on ONE Year!*

### DTS/Kryptonite

Charlie G. 7/2021  
Bill L 7/1982  
Kate I. 7/2016  
Hayley 7/2024  
Greg 8/2005  
Steve I. 8/2017

### Footprints in the Sand

Amy P. 7/2008  
Dianna N. 7/2018  
Don S. 7/2021  
Karen R. 7/1998  
Lisa G. 7/2023  
Barb O. 8/2021  
Jennifer W. 8/2017  
Melissa 8/2009  
Michelle F. 9/2010  
Everett 9/2021

### Free as a Bird

Mickey H. 7/15/2007

### Five O'clock Somewhere

Fred H-07/24/2024  
Rick P-07/30/2024  
Katie P-08/10/2024

### Five O'clock Somewhere

Rob O-09/10/2003  
Mike C-09/29/2002

### Jump Start

William E. 7/03/2007  
Nancy R. 7/23/1979  
Joan M. 7/20/1998  
Don T. 7/06/1995  
Brigid 7/22/2024  
Scott W. 8/11/2010  
Morgan P. 8/14/2022  
Mike K. 8/15/2022  
Kevin 8/25/2022  
Judy M. 8/21/2022  
John W. 8/14/2023  
Jeff L. 8/28/2024  
Dave F. 8/6/2018  
Scott N. 9/28/2024  
Lena F. 9/16/2012  
Kerry S. 9/01/1992  
Kenny F. 9/21/2002  
David R. 9/11/2003

### Lucky To Be Here

Donna B. 7/21/2016  
Bob B. 7/21/2016

### Lucky To Be Here cont.

Dave H. 7/22/1994  
Fred G. 9/17/2007  
Kelly L. 9/12/1988

### Message Group

Bill P. 7/1/1976  
Vinny 7/15/2013  
Vange D. 9/26/1996

### New Beginning

Pasquale B. 7/12/1992  
Patty S. 7/17/2020  
Joan D. 7/22/1985  
Sandy H. 8/22/2000  
Jean S. 9/1/2017

### Nomad Group

Pat E. 8/17/1986  
Dan H. 8/31/2013  
Fred G. 9/15/2007

### Women's Keep it Simple

Kim L. 7/19/1994  
Lisa L. 7/20/2023  
Karen D. 7/24/2004  
Dottie M. 9/29/1997